



ChiME

Chicago Center
for Music Education

ChiME Weekly

At the Chicago Center for Music Education (ChiME) we provide an exceptional music education to a diverse community as a path for social, emotional, and character development.

*"Music exists for the purpose of growing
an admirable heart."*

Shinichi Suzuki

NEW: Instrument Primer Class

Interested in private lessons for your child but not sure they are quite ready? Check out our new Instrument Primer class taught by Ms. Alli. It begins on Saturday, November 14.

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Special Offer

[Click here to print out our coupon and receive a free class or lesson!](#)

**Social, Emotional,
and Character**

**Call (312) 738-2646 for more details.
Register today in person, via phone,
or [online!](#)**



Instrument Primer
with Ms. Alli Dunn

Ages 4-6
Designed to introduce students to the world of instruments and get families acquainted with the details of private music instruction, the Instrument Primer class will address the fundamental skills essential to private lessons. Students will work on:

- developing focus
- following instructions
- listening
- weekly practice habits
- elements of musicianship such as beat, rhythm, and melody

Saturdays, 12:00-12:45 PM
November 14 through January 23
Tuition: \$140 for 9 weeks

Call (312) 738-2646 to register or for more details!

This class will introduce all instruments we teach at ChiME!



ChiME
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for Music Education

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Development

Self-confidence
Listening
Patience
Respect
Perseverance
Self-expression
Problem Solving
Set, work toward, and achieve goals
Discipline
Self-assessment
Giving back
Collaboration
Empathy
Quality standards
Pro-activity
Motivation

Upcoming Events

Tuesday, November 10
Fall Session B begins!

Saturday, November 14
2:30 PM
All School Recital

Saturday, November 21
1:30 PM
Suzuki Basics for Parents

Saturday, November 21
3:45 PM
Violin Studio Recital

ChiME Wishlist

- Wireless speakers to

Early Childhood Registration



A new session of ChiME's Early Childhood music classes starts next week!

November 10 marks the beginning of Fall Session B. Are you signed up yet? There is still time to register!

Here are the schedule options:

[Twinkle Tots \(6-18 months\)](#)

Thursdays at 11:15 am with Ms. Cecilia

Saturdays at 8:00 am with Ms. Kristen

Saturdays at 9:00 am with Ms. Alli

[Beat Explorers \(18 months - 2 ½ years\)](#)

Thursdays at 10:15 am with Ms. Cecilia

Saturdays at 9:00 am with Ms. Kristen

Saturdays at 10:00 am with Ms. Alli

[Rhythm Explorers \(2 ½ - 3 ½ years\)](#)

Mondays at 10:15 am with Ms. Cecilia

Saturdays at 10:00 am with Ms. Kristen

Saturdays at 11:00 am with Ms. Alli

[Steppin' Up \(3 ½ - 4 ½ years\)](#)

Saturdays at 11:00 am with Ms. Kristen

play music in the family room

- Storage organizers for our instruments in Spero Performance Hall
- Fun artwork for the walls
- Full-sized electric guitar
- Overhead projector

Follow Us!



ChiME In!

We would love to hear any questions, comments, or concerns you may have.

[Click here to ChiME in!](#)

ChiME Weekly Archives

Missed last week's ChiME Weekly? Visit the [ChiME Weekly Archives](#) on our website!

You can register [online](#), in person, or by calling the front desk at (312) 738-2646.

Cultivating Empathy



"I understand how you feel."

"This must be really difficult for you!"

"I'm so happy for you!"

"I feel your pain."

How many times have statements like this made you feel better, more centered, accepted, connected to others?

Empathy is not just a big feeling we tap into around the holidays while making decisions on our charitable contributions. It is present in everyday life and we see, experience, and live it thousands of times each day. It is the basis of human connection, the most essential ingredient in relationships, which in turn give our lives meaning and purpose. We all crave it and need it to live a happy, fulfilled life.

Music helps develop empathy in various ways. Like all other arts, it opens our heart to beauty and creates space in our hearts for beautiful emotions to arise. We become more

sensitive to the world around us, thus more likely to be empathetic. Music has the power to evoke and stir emotions - another great way to build the capacity for empathy (think of all the movies in which the background music made you feel for the main character and what just happened to him in the movie).

As music teachers we have many opportunities to develop empathy in students within the setting of a lesson or class. Parents have similar opportunities in home practice. In lessons, the teacher builds a relationship with each student, gets to know the student's likes and dislikes, develops a connection built on trust, always with the best interest of the student in mind. In classes, students are encouraged to help one another, to be aware of the needs of other students, to think of themselves as part of a collaborative team. In home practice parents show empathy by helping their children persevere through tough sections, by acknowledging and encouraging efforts. There is nothing more meaningful to a young aspiring musician than the parent's gentle voice of understanding - "Honey, this is so hard! I'm so impressed with your efforts in trying to master this!"

One of the most effective ways to teach empathy to kids through any vehicle (including music) is by modeling. This week we invite all parents and teachers to think deeply about moments in your lives when you model empathy - in all aspects of life, but especially in music practice. Are the children seeing it?

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