



THERAPEUTIC MODEL FOR PARTNER SCHOOLS: CLASSROOM MUSIC

Page 1

GRADES:

PreK and up

TIME:

During or after school

FREQUENCY:

1-2 times per week for 30-60 minutes

PRICING:

- \$65 per 30-minute class
- \$97.50 per 45-minute class
- \$130 per 60-minute class

TYPICAL PROGRAM DURATION:

30-35 weeks

➤ ABOUT THE CLASSROOM MUSIC THERAPEUTIC MODEL

ChiME's Therapeutic Model of the Classroom Music program (CMTM) is delivered in weekly sessions in groups from 2 to 30 participants during the school day throughout the year. CMTM is a program option for schools and organizations with large populations of children with disabilities, diagnoses, and/or delays. By placing a board-certified music therapist in the sessions, students can explore musical and nonmusical growth in an adapted, supportive, and therapeutic environment. Each session ranges from 30 to 60 minutes, depending on the needs of each partner school. ChiME provides loaner instruments for use during classes; schools can also purchase their own instruments. ChiME music therapists are able to deliver relevant content intertwined with therapeutic strategies to engage, excite, and encourage active music making for every student.

Through our Classroom Music Therapeutic Model classes, ChiME aspires to:

- engage each student at their own developmental level
- inspire a love of music in every student
- help each student experience foundational musical skills
- stimulate self and social growth through the targeting of measurable group goals through a therapeutic lens, including the areas of communication, fine and gross motor, cognitive and academic, social and emotional, sensory, and more

As a result, students:

- experience the joy of successfully participating in music-making at their own level of abilities
- practice foundational music skills with appropriate therapeutic adaptations
- are exposed to diverse repertoire that includes age-appropriate, high-energy, and culturally diverse songs from a variety of genres
- grow in important life skill areas that support daily functioning, increase individual and community effectiveness, and help them reach their true potential



THERAPEUTIC MODEL FOR PARTNER SCHOOLS: CLASSROOM MUSIC (CONTINUED)

Page 2

GRADES:

PreK and up

TIME:

During or after school

FREQUENCY:

1-2 times per week for 30-60 minutes

PRICING:

- \$65 per 30-minute class
- \$97.50 per 45-minute class
- \$130 per 60-minute class

TYPICAL PROGRAM DURATION:

30-35 weeks

➤ OUTCOMES IN THE CLASSROOM MUSIC THERAPEUTIC MODEL

Because the student populations served in CMTM programming vary greatly in terms of disabilities/diagnoses, ages, and group size, ChiME's board-certified music therapists write outcomes specifically for each classroom. While these classroom objectives will vary greatly from group to group, students in CMTM will be supported to grow in the following musical and nonmusical areas to the best of their ability:

Musical

Students will, with varied levels of support:

- actively take part or experience music-making
- learn to use various non-pitched percussion instruments for self-expression
- keep a steady beat in a variety of tempi
- recognize and react to tempo changes
- produce (or echo) accurate rhythms
- recognize and produce (or echo) accurate dynamics
- demonstrate awareness of a variety of genres and musical traditions

Nonmusical

Students will, with varied levels of support:

- develop listening skills
- develop turn-taking and sharing skills
- develop an understanding of the value of diversity
- gain tools and confidence for self-expression and communication
- develop a sense of being part of a community
- demonstrate growth in other unique functioning areas identified for them
- experience an increase in the quality of life



THERAPEUTIC MODEL FOR PARTNER SCHOOLS: **BUDDY BAND**

Page 1

GRADES:

PreK and up

TIME:

During or after school

FREQUENCY:

1-2 times per week for 30-60 minutes

PRICING:

\$235 per hour

TYPICAL PROGRAM DURATION:

6 - 15 weeks

➤ ABOUT BUDDY BAND

Buddy Band is an inclusive, musical group that aims to break down barriers by bringing children with and without disabilities together to make music and to form friendships. Each week, Buddies work not only on learning the basic foundations of music-making, but on relationship-building skills and social skills. Participants are encouraged to learn about each other and support each other through fun, engaging musical activities and diverse repertoire. Each meeting is led by two professionals, at least one of whom is a board-certified music therapist (with the exception of PreK Buddy Band, which may be led by one ChiME music therapist). Therapeutic adaptations of musical and nonmusical instruction are utilized to ensure all participants are successful. Buddy Band aims for collaborative musical learning, deep social- and relationship-building skill work, and a true sense of inclusive communities.

Please note:

Buddy Band scheduling can be flexible based on the school or organization's needs. For example, the program has been effectively implemented as a week-to-week offering, but also as a "special event" offering in preparation for a larger performance event, where students met for 3 hours total in preparation. ChiME will work closely with schools and organizations to structure a Buddy Band program that works with various schedules and serves the inclusive nature of the program.



THERAPEUTIC MODEL FOR PARTNER SCHOOLS: BUDDY BAND

Page 2

GRADES:

PreK and up

TIME:

During or after
School

FREQUENCY:

1-2 times per
week for 30-60
minutes

PRICING:

\$235 per hour

TYPICAL PROGRAM

DURATION:

6 - 15 weeks

➤ PARTICIPANT OUTCOMES IN BUDDY BAND

Buddy Band encourages both musical and nonmusical growth in participants. Depending on group size, ChiME's Buddy Band leaders will develop either individual goals for each participant or larger group goals. Goals will vary greatly from group to group, as they are written specifically for each group population in mind, and will take into account ages, ability levels, and most appropriate areas for growth.

Musical Goals:

Buddy Band may target growth in the areas of:

- steady beat
- melodic and/or rhythmic patterns
- singing and pitch matching
- knowledge of basic music theory
- understanding and appreciation of diverse genres
- performance skills

Nonmusical Goals:

Buddy Band may target growth in the areas of:

- use of or understanding of multi-modal communication skills (verbal, American Sign Language, AAC devices, and more)
- social skills rooted in neurodiversity-affirming practices
- cognitive skills
- behavioral/emotional skills
- fine and gross motor skills
- academic skills
- understanding and appreciation of diversity

The final result of Buddy Band program is a performance in which participants show their family, friends, and community the work of their newly-developed band.